

Table: Reactive Strategies That May Be Used to Reduce The Likelihood of Problematic Drug-Related Behaviors and Increase Monitoring

Reactive Strategies
Written agreement that addresses specific behaviors and outlines consequences going forward
Prescribe long-acting drug without rescue dose
Frequent visits and small quantities prescribed
Urine drug screen and expressed intention to request screens in the future
Requirement that only one pharmacy be used (with permission to contact)
Instruction to bring pill bottle to appointment (for count)
Instruction that there will be no early refills and no replacement of lost prescription without police report documenting loss
Requirement for nonopioid therapies, including psychotherapy
Requirement that all other health care providers be contacted
Required referral to addiction medicine specialist, with follow-up treatment
Requirement that others (e.g., spouse) be allowed to give feedback to the physician
In states with electronic reporting, intention to query the data base on a regular basis, going forward
