

**EMERGING PRACTICES IN PAIN AND CHEMICAL DEPENDENCY:  
2010 UPDATE ON OPIOID THERAPY**

**FRIDAY AND SATURDAY, MARCH 19 & 20, 2010  
MARRIOTT MARQUIS NEW YORK**

**FRIDAY, MARCH 19<sup>TH</sup>**

7:30 Registration and Breakfast

8:00 Welcome and Opening Remarks

**8:15 – 10:00 SYMPOSIUM: LAYING THE FOUNDATION FOR CLINICAL PRACTICE**

8:15 Effectiveness of Opioid Therapy for Chronic Pain: Evidence in Chronic Non-Cancer and Cancer Pain – Russell K. Portenoy, MD

8:45 Understanding Risk in Terms of Chemical Dependency: Abuse, Addiction and Diversion During Pain Treatment – Howard Heit, MD

9:15 Clinical Strategies: How to Select Patients for Long-Term Opioid Therapy, Dose for Success, and Manage Poor Responsiveness – Ricardo Cruciani, MD, PhD

9:45 Q & A

10:00 Coffee Break

**10:30 – 11:45 KEYNOTE SESSION: EMERGING SCIENCE**

10:30 Opioid-Induced Hyperalgesia – Charles Inturrisi, PhD

11:00 Genetics of Addiction – Mary Jeanne Kreek, MD

11:30 Q&A

**11:45 – 12:45 BREAKOUT SESSIONS**

- 1) Management of Common Opioid Side Effects: Cognitive Symptoms and Constipation – Russell K. Portenoy, MD
- 2) Methadone Cardiac Toxicity – Ricardo Cruciani, MD, PhD
- 3) Effective Use of Urine Drug Screening – Steven D. Passik, PhD

**12:45 – 2:15 LUNCH AND PRESENTATION**

1:45 Opioid Therapy and Federal Regulation – Mark Caverly

**2:15 – 3:30 SYMPOSIUM: REDUCING RISK**

2:15 Abuse-Deterrent Opioids: Concepts and Expectations – Lynn R. Webster, MD

2:45 Treating the Substance Abuser with Chronic Pain Using Controlled Prescription Drugs: Issues in Assessment, Collaboration, and Practice – Steven D. Passik, PhD

3:15 Q & A

**3:30 – 4:30 BREAKOUT SESSIONS**

- 4) Breakthrough Pain – Russell K. Portenoy, MD
- 5) Meet the DEA – Mark Caverly
- 6) Long-Term Opioid Therapy and Sleep – Lynn Webster, MD

4:30 Adjournment

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**FRIDAY AND SATURDAY, MARCH 19 & 20, 2010  
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**SATURDAY, MARCH 20TH**

7:30 Registration and Breakfast

**8:00 – 9:45 SYMPOSIUM: OPIOID THERAPY IN PRIMARY CARE**

8:00 Managing Chronic Pain with Opioids in Primary Care Practice – Martin Cheatle, PhD

8:30 Status of State Laws and Regulations for Controlled Substances – Aaron Gilson, PhD

9:00 Opioid Therapy for Veterans with Chronic Pain – Rollin Gallagher, MD

9:30 Q & A

9:45 Coffee Break

**10:15 – 11:30 KEYNOTE SESSION: CHANGES IN HEALTH CARE**

10:15 The U.S. in an International Context – Kathleen M. Foley, MD

10:45 National Opioid Policy and Health Care Reform – Will Rowe

11:15 Q&A

**11:30 – 12:30 BREAKOUT SESSIONS**

- 1) Policy and Regulation – Will Rowe and Aaron Gilson, PhD
- 2) Office-Based Buprenorphine Therapy for Opioid Addiction: Lessons for Pain Management – Randy Seewald, MD
- 3) Cognitive-Behavioral Strategies for Non-Adherence Behavior – Lisa Marsch, PhD

**12:30 – 2:00 LUNCH ON YOUR OWN**

**2:00 – 3:15 SYMPOSIUM: BEST PRACTICE IN OPIOID THERAPY**

2:00 Evidence-Based Guidelines for Opioid Therapy in Non-Cancer Pain – Russell K. Portenoy, MD

2:30 Optimizing and Documenting Outcomes During Long-Term Opioid Therapy – Seddon R. Savage, MD

3:00 Q&A

**3:15 – 4:15 CASE STUDIES – Russell K. Portenoy, MD and Seddon R. Savage, MD**

4:15 Closing Remarks

4:30 Adjournment