Hospice and Palliative Care: 2013 Update for the Specialist Team

A Continuing Medical Education Symposium

TUESDAY
DECEMBER 3, 2013

CUNY Graduate Center
365 Fifth Avenue at 34th Street
New York, NY

Jointly Sponsored by
Department of Pain Medicine and Palliative Care
Beth Israel Medical Center
&
MJHS Hospice and Palliative Care
Hospice and Palliative Care: 2013 Update for the Specialist Team

Dear Colleague:

We are pleased to invite you to attend “Hospice and Palliative Care: 2013 Update for the Specialist Team,” a CME conference jointly sponsored by the Department of Pain Medicine and Palliative Care of Beth Israel Medical Center and MJHS Hospice and Palliative Care. The conference will take place at the CUNY Graduate Center in New York City on December 3, 2013 and will present a mix of plenary, panel and breakout sessions covering a broad array of topics relevant to the practice of specialty palliative care in varied disciplines. We look forward to your participation.

Cordially,

Russell K. Portenoy, MD
Chairman

LEARNING OBJECTIVES
At the conclusion of this symposium, you will be able to:

- Describe the importance of health-care provider communication with patients and families, including discussions of goals of care and prognosis.
- Recognize the important role family caregivers play in end-of-life care.
- Describe the management of pain in advanced illness, with specific reference to pharmacologic and interventional approaches.
- Discuss the interdisciplinary team approach to palliative care, particularly the role of music therapy, the role of pastoral care, and adapting the team to the care of terminally ill children.
- Assess and manage the impact of psychiatric and psychosocial issues on patients and families, including grief and bereavement, substance use disorders, delirium, anxiety and depression.
- Recognize the importance of different cultural stressors on end-of-life care.
- Understand the evolving legislation regarding hospice eligibility, particularly with regard to complex oncology patients.
- Recognize the legal and ethical implications of caring for patients without capacity.
- Discuss evolving issues in palliative care, including prognostication and community-based palliative care services.

TARGET AUDIENCE
Palliative care specialists, pain specialists, primary care providers, nurse practitioners, pharmacists, allied health professionals, fellows, residents, and medical students.

ORGANIZING COMMITTEE
Russell K. Portenoy, MD                        Marilyn Herleth, BA
Myra Glajchen, DSW                             Winifred Schein, BA
Barbara Hiney, RN, CHPN, MPS
conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled / unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled / unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

The organizers have applied for continuing education credits under the auspices of the National Association of Social Workers New York State Continuing Education Recognition Program.

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**Program**

8:30 AM  Registration and Continental Breakfast

9:00 AM  Welcome and Opening Remarks  
Barbara Hiney, RN, CHPN, MPS

**Keynote Presentations**

9:10 AM  How to Have a “Goals” Discussion: Perspective of a Seasoned Oncologist  
Ronald H. Blum, MD

9:40 AM  Caregivers in End-of-Life Care: Companions on the Road Less Traveled  
Myra Glajchen, DSW

10:10 AM  Q & A  

10:25 AM  Coffee Break

**Breakout Sessions (See Below)**

10:45 AM - 12:30 PM  

**Special Plenary on Ethics and Law**

1:30 PM  Questions for Discussion:  
- Can Patients Without Capacity, Without Surrogates Receive Hospice?  
- Can Nutrition/Hydration Be Stopped in the Patient Without Capacity Because of “Futility”?  
Moderator: Russell K. Portenoy, MD  
Panelists: Melinda Jimenez, LCSW  
Rev. Kim A. Kingshill  
Robert E. Leamer, JD

2:20 PM  Q & A  

**Special Plenary on Hospice Eligibility in Complex Cases: Focus on Oncology**

2:35 PM  Impact of Federal and State Laws and Regulations  
Barbara Hiney, RN, CHPN, MPS

2:55 PM  Complex Case Assessment: Impact of Cancer Treatment on Eligibility  
Bernard Lee, MD, and Maureen McCarthy, RN, CHPN, CHPCA

3:15 PM  Q & A  

3:30 PM  Coffee Break

3:50 - 5:35 PM  Breakout Sessions (See Below)

5:35 PM  Adjournment

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**Breakout Sessions**

Morning Session: 10:45 AM - 12:30 PM  
Afternoon Session: 3:50 - 5:35 PM

**Session I. Pain Management in Advanced Illness**

- **Opioid Therapy**  
  Russell K. Portenoy, MD

- **Drug and Class Review on the Use of Glucocorticoids, Antidepressants, Gabapentinoids and Other Anticonvulsants, and Ketamine in Palliative Care**  
  Ebtesam Ahmed, PharmD

- **What Do You Need to Know About Interventions in Serious Illness?**  
  Ronald H. Kaplan, MD

**Session II. The Interdisciplinary Team**

- **The When and Why of Music Therapy in Hospice and Palliative Care**  
  John Mondanaro, MA, LCAT, MT-BC, CCLS, and Yelena Zatulovsky, LCAT, MA, MT-BC, CCLS, HPMT

- **What Is the Skill Set of the Chaplain Specializing in Hospice and Palliative Care?**  
  Rev. Eric R. Towe

- **Adapting the Team to the Management of the Terminally Ill Child**  
  Mayu Sakae, MD, and Debra F. Fox, APRN, FNP-BC, CHPN, CHPPN

**Session III. Psychiatric and Psychosocial Issues**

- **Grief and Bereavement: Clinical Pearls for the Bedside Clinician**  
  Terry L. Ghasko, MS, MT-BC

- **Assessing and Managing Substance Use Disorders in Populations With Advanced Illness**  
  Randy M. Serwald, MD

- **A Practical Approach to Three Common Problems in Advanced Illness: Delirium, Anxiety and Depression**  
  Serifé Eti, MD

**Session IV. Evolving Issues in Palliative Care**

- **Prognostication**  
  Pauline Lesage, MD, LLM

- **Exploring Culture: Seeking Clues to Distress in Family Systems**  
  Terry Ahllo, LCSW

- **Improving Quality and Consistency in Community-Based Palliative Care**  
  Charles Tilley, ANP-BC, ACHPN, CWOCN
Please register online at www.chpnet.org/cme or use this form to mail or fax.

Name___________________________________________________________Title_________________
Address_______________________________________________________________________________
City___________________________________State_____________Zip______________
Telephone____________________________________Fax____________________________________
Specialty_____________________________________Affiliation________________________________
E-mail_________________________________________________________________________________
(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)

TUITION FEES*
Please place a ✓ in the appropriate box.

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<th>On or Before October 25, 2013</th>
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DPMPC and MJHSHPC Employees may attend gratis but still must register.

* Tuition includes continental breakfast, coffee breaks, buffet luncheon, and a course syllabus on CD Rom.

I require a kosher meal for lunch.

PAYMENT METHOD
☐ Online registration is available and is the preferred method: www.chpnet.org/cme

☐ Check payable to BIMC/CME is enclosed.

☐ Credit Card # ___________________________________________ Exp. Date __________

☐ VISA  ☐ MasterCard  ☐ AMEX

Signature __________________________________________________________________________

BREAKOUT SESSIONS
Please select the two breakout sessions you plan to attend by placing a ✓ in the appropriate box.

10:45AM to 12:30PM       Session I ✓ Session II ☐ Session III ☐ Session IV ☐
3:50PM to 5:35PM         Session I ☐ Session II ☐ Session III ☐ Session IV ☐

Payment must accompany registration form.
• Fax: 212-844-1700
• Mail: Beth Israel Medical Center, Office of CME, First Avenue @16th Street, New York, NY 10003

CANCELLATION POLICY
A refund less a $50 administrative fee will be issued upon written request. No refunds will be made after November 15th.

FURTHER INFORMATION ABOUT THE CONFERENCE
Beth Israel Medical Center, Office of CME
Phone: 212.420.4713 • Fax: 212.844.1700
Website: www.chpnet.org/cme • E-mail: ksgaston@chpnet.org
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