

*Department of Pain Medicine and Palliative Care &
Metropolitan Jewish Hospice and Palliative Care*

Pain Management *in the* Interdisciplinary Practice *of* Palliative Care

A Continuing Medical
Education Symposium

Tuesday
November 30, 2010

8:00AM – 5:00PM

New York Marriott Marquis
1535 Broadway & 45th Street
New York, NY

Jointly Sponsored by



University Hospital and
Manhattan Campus for
the Albert Einstein College
of Medicine



HOSPICE AND PALLIATIVE CARE

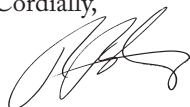
Continuum Health Partners, Inc.

Pain Management *in the* Interdisciplinary Practice *of* Palliative Care

Dear Colleague:

I am very pleased to invite you to attend a CME symposium on pain management in the interdisciplinary practice of palliative care. This conference will highlight the importance of managing pain in the setting of advanced illness through an interdisciplinary approach involving physicians, nurses, social workers and other members of the health care team. Best practices in the pharmacologic management of pain will be discussed, in tandem with diverse nonpharmacologic strategies. The impact of complex issues, including medical frailty, culture, psychosocial status, and spiritual distress, will be discussed by an experienced faculty who are working members of a palliative care team.

Cordially,



Russell K. Portenoy, MD

Chairman, Department of Pain Medicine and Palliative Care

*Chief Medical Officer, Metropolitan Jewish Hospice and Palliative Care and
Jacob Perlow Hospice*

LEARNING OBJECTIVES

At the conclusion of this symposium, you will be able to:

- Describe the pharmacologic management of pain, discuss side effect profiles of opioid drugs, and determine if the benefit of opioid therapy outweighs the possible adverse effects in a medically ill patient.
- Discuss nonpharmacologic and interventional approaches to pain management in palliative care.
- Recognize the effect of the patient's and family's psychological status on the pain experience in the setting of advanced illness.
- Assess the impact of pain on the family caregivers of palliative care patients.
- Evaluate the role spirituality and spiritual forms of coping may play in the experience of illness and pain.
- Recognize the importance of cultural differences when developing an approach to pain management for patients and their families.
- Describe the importance of quality improvement programs and ongoing research in palliative care.
- Discuss the importance of an interdisciplinary approach to pain management in the palliative care patient.

TARGET AUDIENCE

Pain specialists (anesthesiologists and neurologists), general practitioners, palliative care specialists, nurse practitioners, pharmacists, allied health professionals, fellows, residents, and medical students.

PLANNING COMMITTEE

Russell K. Portenoy, MD
Ricardo A. Cruciani, MD, PhD
Myra Glajchen, DSW

Barbara Hiney, RN, CHPN, MPS
Bernard Lee, MD
David Nussbaum, MA, MSW

FACULTY

EBTESAM AHMED, PHARM D

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PAULINE LESAGE, MD, LLM

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*Director
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Beth Israel Medical Center, New York, NY*

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*Clinical Director
The Louis & Lucille Armstrong Music Therapy Program
Beth Israel Medical Center, New York, NY*

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California Institute of Integral Studies, San Francisco, CA*

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*Project Director
Asian Family Caregiver Program
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Beth Israel Medical Center, New York, NY*

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*Nurse Practitioner
Metropolitan Jewish Hospice and Palliative Care and
Jacob Perlow Hospice, Brooklyn, NY*

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

PROGRAM

7:15AM **Registration**

8:00 **Welcome and Opening Remarks**
Barbara Hiney, RN, CHPN, MPS, and
Myra Glajchen, DSW

ANALGESIC PHARMACOTHERAPY IN PALLIATIVE CARE: BEST PRACTICES

8:10 **Opioid Therapy for Persistent and
Breakthrough Pain in the Medically Ill:
2010 Update**
Russell K. Portenoy, MD

9:00 **Q & A**

PAIN AS A BIOPSYCHOSOCIAL CONSTRUCT

9:15 **Pain and the Psychology of
Advanced Illness**
E. Alessandra Strada, PhD

9:45 **Pain and the Family Caregiver**
Myra Glajchen, DSW, and
John Tsoi, MSW

10:15 **Q & A**

10:30 **Coffee Break**

BREAKOUT SESSIONS

- 1) **Psychotherapy in Advanced Illness**
E. Alessandra Strada, PhD
- 2) **Pain Management and Music Therapy
in the Medically Ill**
John Mondanaro, MA, MT-BC, LCAT,
CCLS
- 3) **Update on Opioid Side Effects:
Constipation, Cognitive Impairment,
and Neuroendocrine Effects**
Pauline Lesage, MD, LLM

12:00PM **Lunch and Presentation**
Pain and Spirituality
Robert Chodo Campbell, HHC, and
Rabbi Charles Rudansky

ANALGESIC PHARMACOTHERAPY IN PALLIATIVE CARE: BEST PRACTICES

1:30 **Nonopioid Drugs and Adjuvant
Analgesics: 2010 Update**
Russell K. Portenoy, MD

2:10 **Q & A**

BREAKOUT SESSIONS

- 4) **Opioid Rotation for Poorly
Responsive Pain**
Ebtesam Ahmed, PharmD
- 5) **Palliative Sedation for Refractory
Pain in Advanced Illness**
Bernard Lee, MD
- 6) **Pain Research and Quality
Improvement in Palliative Care**
Marilyn Bookbinder, PhD, RN, FPCN,
and Lara Dhingra, PhD
- 7) **Neural Blockade and Neuraxial
Infusion in Palliative Care**
Ronald Kaplan, MD

3:30 **Coffee Break**

3:45 INTERDISCIPLINARY APPROACH TO THE MANAGEMENT OF PAIN IN ADVANCED ILLNESS: CASE DISCUSSION

Moderator: Russell K. Portenoy, MD

Panelists:

Candace C. Coggins, RN-C, MS, MA,
ACHPN, APRN-BC

Bernard Lee, MD

Joanne V. Loewy, DA, MT-BC, LCAT

Rabbi Charles Rudansky

E. Alessandra Strada, PhD

Anne F. Walsh, ANP-BC, CWOCN, CDE,
ACHPN, APRN-BC

5:00 **Adjournment**

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Beth Israel Medical Center Department of Pain Medicine and Palliative Care and Metropolitan Jewish Hospice and Palliative Care. Beth Israel Medical Center & St. Luke's and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Beth Israel Medical Center designates this educational activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This continuing education activity has been submitted to the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The organizers have applied for 7 hours of continuing education credit under the auspices of the National Association of Social Workers New York State Continuing Education Recognition Program.

REGISTRATION FORM

Pain Management *in the* Interdisciplinary Practice of Palliative Care

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Please register online at www.chpnet.org/cme or use this form to mail or fax.

(Please print clearly)

Name _____ Title _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Specialty _____ Affiliation _____

E-mail _____

(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)

TUITION FEES*

Please place a ✓ in the appropriate box.

| | Before October 15, 2010 | After October 15, 2010 |
|---|--------------------------------|--------------------------------|
| Physicians | <input type="checkbox"/> \$225 | <input type="checkbox"/> \$250 |
| Non-Physicians | <input type="checkbox"/> \$100 | <input type="checkbox"/> \$125 |
| Fellows/Residents/Other Trainees | <input type="checkbox"/> \$ 75 | <input type="checkbox"/> \$100 |
| Continuum Employees and MJHS Affiliates | <input type="checkbox"/> \$ 75 | <input type="checkbox"/> \$100 |

*DPMPC and MJHPC Employees may attend gratis but still must register.

Tuition includes continental breakfast, lunch, coffee breaks, and a course syllabus/CD Rom.

PAYMENT METHOD

Online registration is available and is the preferred method: www.chpnet.org/cme

Check payable to **BIMC/CME** is enclosed.

Credit Card # _____ Exp. Date _____

VISA

MasterCard

AMEX

Signature _____

Payment must accompany registration form.

• Fax: 212-844-1700

• Mail: Beth Israel Medical Center, Office of CME, First Avenue @16th Street, New York, NY 10003

CANCELLATION POLICY

A refund less a \$50 administrative fee will be issued upon written request. No refunds will be made after November 10th.

FURTHER INFORMATION ABOUT THE CONFERENCE

Beth Israel Medical Center, Office of CME

Phone: 212.420.4713 • Fax: 212.844.1700

Website: www.chpnet.org/cme • E-mail: ksgaston@chpnet.org

HOUSING INFORMATION

New York Marriott Marquis, 1535 Broadway at 45th Street, New York, NY 10036 • 1-800-228-9290

Your attendance at this symposium is guaranteed to be enriched by the cultural and recreational opportunities that only New York City can offer. The hotel is in the heart of the midtown theater district and close to Lincoln Center for the Performing Arts, Carnegie Hall, numerous museums and an unlimited assortment of other entertainment and shopping possibilities. If you would like to learn more about New York's many attractions, contact the New York Convention and Visitors Bureau, 2 Columbus Circle, New York, NY 10019, 212-397-8222, www.nycvisit.com.

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