

**EMERGING PRACTICES
IN
PAIN AND CHEMICAL
DEPENDENCY
2011 UPDATE
ON THE
CLINICAL USE OF
DRUGS OF ABUSE**

**A Continuing Medical
Education Symposium**

**FRIDAY AND SATURDAY
MARCH 18 & 19, 2011**

**New York Marriott Marquis
1535 Broadway at 45th Street
New York City**



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PROGRAM

FRIDAY, MARCH 18TH

7:30AM Registration and Breakfast

8:00 Welcome and Opening Remarks

UNDERSTANDING PRESCRIPTION DRUGS WITH ABUSE POTENTIAL

8:15 Challenges When Essential Drugs Are a Risk to the Public Health
Kathleen M. Foley, MD

9:00 Prescription Drugs with Abuse Potential: Perspectives from the Pain Medicine Community
Perry G. Fine, MD

9:45 Q & A

10:00 Coffee Break

10:30 BREAKOUT SESSIONS *(repeated)*

- and
11:45
- 1) Opioid Therapy for Patients with Serious or Life-Threatening Illness
Craig D. Blinderman, MD, MA
 - 2) Methadone for Pain
Ricardo A. Cruciani, MD, PhD
 - 3) Management of Opioid Side Effects: Cognitive Symptoms, Constipation, and Endocrine Effects
Russell K. Portenoy, MD
 - 4) Abuse-Deterrent Opioids: Concepts and Expectations
Perry G. Fine, MD
 - 5) How Does One Manage Prescription Drug Abuse?
Marc N. Gourevitch, MD, MPH, and
Joanna L. Starrels, MD

1:00PM – 2:15PM

LUNCH AND PRESENTATION

1:30 Working with Government to Solve a Problem: Can Our Patients Live with REMS?
Will Rowe

PRESCRIBING CONTROLLED DRUGS: KEY ELEMENTS OF COMPLIANCE

2:30 Compliance with Federal and State Laws and Regulations Governing Controlled Prescription Drugs: Do's and Don'ts
Jennifer Bolen, JD

3:05 Q & A

3:30 BREAKOUT SESSIONS *(repeated)*

- and
4:45
- 6) Seeking Balance and Effecting Change in Opioid Policy
Will Rowe
 - 7) Opioid-Induced Hyperalgesia: Science and Practice
Charles E. Inturrisi, PhD
 - 8) Effective Use of Urine Drug Screening
Randy M. Seewald, MD
 - 9) Regulatory and Legal Issues: Case Studies
Jennifer Bolen, JD
 - 10) Clinical Case Studies
Russell K. Portenoy, MD
(Participants are invited to bring their own cases)

5:45 Adjournment

SATURDAY, MARCH 19TH

7:30AM Registration and Breakfast

8:00 Welcome and Opening Remarks

SYMPOSIUM: MORE ON BEST PRACTICES

8:15 Beyond the Evidence Base in Opioid Therapy for Non-Cancer Pain
Russell K. Portenoy, MD

9:00 A Primer on Risk Management for Prescribers of Controlled Prescription Drugs
Steven D. Passik, PhD

9:45 Q & A

10:00 Coffee Break

10:30 BREAKOUT SESSIONS *(repeated)*

- and
11:45
- 11) Understanding the Interface Between Analgesia and Addiction
Edwin A. Salsitz, MD, FASAM
 - 12) Treatment of Pain in Patients with Psychiatric Comorbidity
Steven D. Passik, PhD
 - 13) Buprenorphine for Addiction or Pain
Andrew Rosenblum, PhD
 - 14) Psychostimulants for Drug-Induced Cognitive Impairment and Fatigue
Ebtesam Ahmed, PharmD
 - 15) Cannabinoid Therapy: Present and Future
Marco Pappagallo, MD, and
Lauren Shaiova, MD

12:00 LUNCH ON YOUR OWN

1:45PM CASE PRESENTATIONS

Moderator: Russell K. Portenoy, MD
Panelists: Terry Altiglio, LCSW
Candace Coggins, RN-C, MS,
MA, ACHPN, APRN-BC
Edwin A. Salsitz, MD, FASAM
E. Alessandra Strada, PhD

3:45 Closing Remarks

4:00 Adjournment

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled / unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

ACCREDITATION STATEMENT

Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Beth Israel Medical Center designates this educational activity for a maximum of 13.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

REGISTRATION FORM

EMERGING PRACTICES IN PAIN AND CHEMICAL DEPENDENCY: 2011 UPDATE ON THE CLINICAL USE OF DRUGS OF ABUSE

Friday and Saturday, March 18 & 19, 2011

Please register online at www.chpnet.org/cme or use this form to mail or fax. (Please print clearly)

Name _____ Title _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Specialty _____ Affiliation _____

E-mail _____

(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)

TUITION FEES*

Please place a ✓ in the appropriate box.

	<i>Until January 31, 2011</i>	<i>After January 31, 2011</i>
Physicians	<input type="checkbox"/> \$395	<input type="checkbox"/> \$455
Non-Physicians	<input type="checkbox"/> \$175	<input type="checkbox"/> \$200
Fellows/Residents/Other Trainees	<input type="checkbox"/> \$ 75	<input type="checkbox"/> \$100
Continuum Employees	<input type="checkbox"/> \$ 75	<input type="checkbox"/> \$100

* DPMPC employees may attend gratis but must register. Tuition includes continental breakfast, coffee breaks, one luncheon, and a course syllabus/CD Rom.

BREAK-OUT SESSIONS

Please select your choice for each break-out session you plan to attend by placing a ✓ in the appropriate box.

March 18th, 10:30AM	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
March 18th, 11:45AM	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
March 18th, 3:30PM	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 8	<input type="checkbox"/> 9	<input type="checkbox"/> 10
March 18th, 4:45PM	<input type="checkbox"/> 6	<input type="checkbox"/> 7	<input type="checkbox"/> 8	<input type="checkbox"/> 9	<input type="checkbox"/> 10
March 19th, 10:30AM	<input type="checkbox"/> 11	<input type="checkbox"/> 12	<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15
March 19th, 11:45AM	<input type="checkbox"/> 11	<input type="checkbox"/> 12	<input type="checkbox"/> 13	<input type="checkbox"/> 14	<input type="checkbox"/> 15

PAYMENT METHOD

Online registration is available and is the preferred method: www.chpnet.org/cme

Check payable to **BIMC/CME** is enclosed.

Credit Card # _____ Exp. Date _____

VISA MasterCard AMEX

Signature _____

Payment must accompany registration form.

• Fax: 212-844-1700

• Mail: Beth Israel Medical Center, Office of CME, First Avenue @16th Street, New York, NY 10003

CANCELLATION POLICY

A refund less a \$50 administrative fee will be issued upon written request. No refunds will be made after February 25, 2011.

FURTHER INFORMATION ABOUT THE CONFERENCE

Beth Israel Medical Center, Office of CME

Phone: 212.420.4713 • Fax: 212.844.1700 • Website: www.chpnet.org/cme • E-mail: ksgaston@chpnet.org

HOUSING INFORMATION

New York Marriott Marquis, 1535 Broadway at 45th Street, New York, NY 10036 • 1-800-228-9290

A limited number of rooms is available at the conference rate of \$249, plus applicable taxes, and is available until February 25, 2011. When calling, please state that you are with the "Beth Israel Pain Meeting."

Your attendance at this symposium is guaranteed to be enriched by the cultural and recreational opportunities that only New York City can offer. The hotel is in the heart of the midtown theater district and close to Lincoln Center for the Performing Arts, Carnegie Hall, numerous museums and an unlimited assortment of other entertainment and shopping possibilities. If you would like to learn more about New York's many attractions, visit www.nycgo.com.

DEPARTMENT OF PAIN MEDICINE AND PALLIATIVE CARE

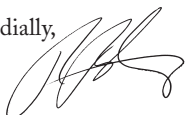
WWW.STOPPAIN.ORG

EMERGING PRACTICES IN PAIN AND CHEMICAL DEPENDENCY: 2011 UPDATE ON THE CLINICAL USE OF DRUGS OF ABUSE

Dear Colleague:

I am very pleased to invite you to attend a CME symposium on the interface between pain and chemical dependency, with a special emphasis on prescription drugs with abuse potential. The goals of this conference are to provide the best evidence, the practical framework, and the clinical guidelines necessary for the safe and effective use of opioids and other controlled substances in pain management. While opioids and other drugs can be extremely beneficial for carefully selected patients with chronic pain, safe and effective long-term therapy requires skill in optimizing the balance between analgesia and side effects, and in assessing and managing the risks associated with drug abuse, addiction and diversion. This symposium will describe the challenges faced by patients, clinicians, and society in general when prescription drugs are used inappropriately. Topics discussed will include key mechanisms underlying the diverse effects of opioid drugs and other controlled substances, the complex management issues posed by the heterogeneity of the patient populations with acute and chronic pain, evidence-based guidelines for opioid pharmacotherapy, and the issues that must be faced by clinicians prescribing controlled substances in the current regulatory and legal environment. This conference also offers participants the opportunity to discuss their own cases with colleagues.

Cordially,



Russell K. Portenoy, MD
Chairman

LEARNING OBJECTIVES

At the conclusion of this symposium, you will be able to:

- Evaluate the ongoing controversies regarding opioid therapy for nonmalignant pain, based on evidence from randomized controlled trials and observational studies.
- Recognize the risks involved with prescription drug treatment – abuse, addiction and diversion – and understand how to identify “at risk” patients.
- Determine what actions to take to structure and optimize treatment and manage prescription drug abuse.
- Understand the interface between analgesia and addiction.
- Assess whether opioid therapy is appropriate for the management of pain in special populations, and know the steps to take to optimize outcomes.
- Manage opioid side effects, and understand the risks of opioid-induced hyperalgesia and methadone cardiac toxicity.
- Assess the use of abuse-deterrent opioids and cannabinoids.
- Evaluate the effectiveness of urine drug screening.
- Understand the current regulatory and legal climate, both local and federal, concerning prescription of controlled substances, and the ongoing efforts to effect policy change.

TARGET AUDIENCE

Pain specialists (anesthesiologists and neurologists), addiction medicine specialists, general practitioners, palliative care specialists, nurse practitioners, pharmacists, allied health professionals, fellows, residents, and medical students.

ORGANIZING COMMITTEE

Russell K. Portenoy, MD
Ricardo A. Cruciani, MD, PhD
Myra Glajchen, DSW
Herman Joseph, PhD
Joyce H. Lowinson, MD

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