



Twenty Second Annual Symposium on

Treatment of Headaches and Facial Pain

Sunday, April 18, 2010

8:15 AM – 3:30 PM

Beth Israel Medical Center

New York, NY

Podell Auditorium

Jointly sponsored by

**The Department of Pain Medicine
and Palliative Care**

**The Alan and Barbara Mirken
Department of Neurology**

Beth Israel Medical Center

and

The New York Headache Foundation

*CME Credit provided by: Beth Israel Medical Center
and St. Luke's and Roosevelt Hospitals*

Beth Israel

University Hospital and
Manhattan Campus for
the Albert Einstein College
of Medicine

Continuum Health Partners, Inc.

IDENTIFIED NEEDS

- Lack of awareness of the under-diagnosis and misdiagnosis of migraines and the overuse of abortive medications
- Identification of new information and concepts in the treatment of headaches, specifically combination therapies with anticonvulsants, antihypertensives and antidepressants
- Thorough understanding of risk factors for chronification of headaches, including underutilization of prophylactic therapies, psychiatric co-morbidities, obesity, caffeine
- Changes in attitude related to underutilization of non-pharmacological therapies, including mind-body techniques, physical methods, and supplements

LEARNING OBJECTIVES

At the completion of this symposium, the attendees should be able to:

- Distinguish and accurately diagnose both acute and chronic daily headache so that appropriate treatment is administered
- Describe new and established treatments for patients with migraine, tension-type, cluster, symptomatic and refractory headaches in order to differentiate a plan of action
- Ask appropriate questions about external factors including quality of life issues that might complicate treatment when presented with a patient not responding well to current headache therapy, so that proper adjustment of treatment can be instituted
- Recognize who is at risk to develop chronic daily headaches in order to institute measures to prevent them
- Identify patients who would be good candidates for preventative and/or non-pharmacological therapies

DESIRED RESULTS

- Differentiate between migraine and other types of headaches (sinus, tension, cluster, organic)
- Correctly utilize a wide range of abortive, prophylactic, and non-pharmacological therapies in the treatment of various headache conditions
- Have the ability to recommend the new and established treatments for patients with migraine, tension-type, cluster, symptomatic and refractory headaches and administer appropriate treatment
- Assess those at risk for chronic daily headaches and institute measures to ultimately prevent their onset

TARGET AUDIENCE

This multidisciplinary course is intended for Primary Care and Internal Medicine Physicians, Neurologists, ER, ENT, OB-GYN and Pain Specialists, Dentists, and other health care professionals (RN, NP, PA) and residents involved in the diagnosis and treatment of headache disorders.

AGENDA

8:15 AM – 8:45	Registration/Breakfast
8:45 – 8:50	Opening remarks Alexander Mauskop, MD
8:50 – 9:20	Prophylactic therapy of migraines Glen Solomon, MD
9:20 – 9:50	Managing a refractory headache patient Thomas Ward, MD
9:50 – 10:20	Hormones and headaches Elizabeth Loder, MD
10:20 – 10:30	Coffee Break
10:30 – 11:00	Interesting cases I have seen Allan Purdy, MD
11:00 – 11:30	Magnesium and headaches Alexander Mauskop, MD
11:30 – 12:00	Discussion: Q & A with morning speakers
12:00 PM – 1:00	Lunch with the faculty
1:00 – 1:30	Acute therapy of migraine Fred Sheftell, MD
1:30 – 2:00	Diagnostic challenges in headaches Lawrence Newman, MD
2:00 – 2:30	Update on temporomandibular disorders Steven Syrop, DDS
2:30 – 3:00	Discussion: Q & A with afternoon speakers
3:00 – 3:30	Discussion of cases presented by: Lynda Krasenbaum, NP Anne Remmes, MD Alexander Mauskop, MD
3:30	Adjournment

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Department of Pain Medicine and Palliative Care and the Alan and Barbara Mirken Department of Neurology at Beth Israel Medical Center, and The New York Headache Foundation. Beth Israel Medical Center & St. Luke's and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Beth Israel Medical Center designates this educational activity for a maximum of 5.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

FACULTY

Lynda Krasenbaum, MSN, APRN, BC

Associate Director, New York Headache Center
Adjunct Assistant Professor
Columbia University College of Physicians and Surgeons
New York, NY

Elizabeth Loder, MD

Chief, Division of Headache and Pain
Brigham and Women's/Faulkner Hospital
Associate Professor of Neurology, Harvard Medical School
Research Papers Editor, *British Medical Journal*
Boston, MA

Alexander Mauskop, MD

Director, New York Headache Center
Associate Professor of Clinical Neurology
SUNY-Downstate Medical Center
New York, NY

Lawrence Newman, MD

Director, The Headache Institute
St. Luke's and Roosevelt Hospitals
Clinical Professor of Neurology
Albert Einstein College of Medicine
New York, NY

Russell Portenoy, MD, CME Reviewer

Chairman, Department of Pain Medicine and Palliative Care
Beth Israel Medical Center
Professor of Neurology and Anesthesiology
Albert Einstein College of Medicine
New York, NY

Allan Purdy, MD

Professor and Head, Department of Medicine
Dalhousie University
Halifax, Nova Scotia, Canada

Anne Remmes, MD

Associate Director, New York Headache Center
New York, NY

Fred Sheftell, MD

President, American Headache Society
Clinical Assistant Professor, Department of Neurology,
Psychiatry and Behavioral Sciences
Albert Einstein College of Medicine
New York, NY

Glen Solomon, MD

Professor and Chair, Department of Medicine
Boonshoft School of Medicine, Wright State University
Dayton, Ohio

Steven Syrop, DDS

Section Chief, TMD Services, Weil Medical College, Cornell University
Associate Clinical Professor of Dentistry
Columbia University College of Dental Medicine
New York, NY

Thomas Ward, MD

Director, Headache Center
Professor of Neurology
Dartmouth-Hitchcock Medical Center
Lebanon, NH

ORGANIZING COMMITTEE

Alexander Mauskop, MD

Russell Portenoy, MD

Karen Rosen



REGISTRATION

Name _____ Title _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail _____ Specialty _____

(Be sure to include your e-mail address as confirmation/receipt will be sent electronically)

Affiliation _____

TUITION FEE:

Place a ✓ in the appropriate box

- Physicians \$195.00
 Fellows and Residents, Other Health Care Professionals \$ 95.00

PAYMENT METHODS:

- Online Registration is available and is the preferred method
www.chpnet.org/cme
- Check payable to Beth Israel Medical Center (BIMC-CME) is enclosed
- Credit Card # _____
Exp Date _____
 Amex MasterCard Visa

Signature _____ Date _____

PAYMENT MUST ACCOMPANY REGISTRATION FORM.

- Fax: 212-844-1700
- Mail: Beth Israel Medical Center, Office of CME,
1st Avenue @ 16th Street, New York, NY 10003

CANCELLATION POLICY:

A refund, less a \$25 administrative fee, will be issued upon written request. No refunds will be made after March 29, 2010. Beth Israel Medical Center reserves the right to cancel this program.

FURTHER INFORMATION:

Beth Israel Medical Center
Office of Continuing Medical Education
Phone: 212-420-2341 ■ Fax: 212-844-1700
Email: ksgaston@chpnet.org ■ Website: www.chpnet.org/cme

LOCATION:

Podell Auditorium is located on the first floor of the Bernstein Pavilion of Beth Israel Medical Center in Manhattan. It is between 15th and 16th Streets and between 1st and 2nd Avenues. The main entrance is on a small side street called Nathan Perlman Place.

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Office of CME
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New York, NY 10003

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