

EMERGING PRACTICES
IN
OPIOID
PRESCRIBING
FOR
CHRONIC PAIN

A Continuing Medical
Education Symposium

Saturday, March 21, 2009
8AM – 4PM

New York Marriott Marquis
1535 Broadway & 45th Street
New York City



University Hospital and
Manhattan Campus for
the Albert Einstein College
of Medicine

DEPARTMENT OF PAIN MEDICINE AND PALLIATIVE CARE

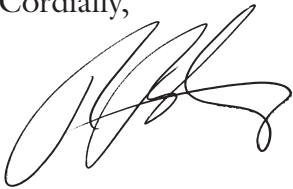
WWW.STOPPAIN.ORG

EMERGING PRACTICES IN OPIOID PRESCRIBING FOR CHRONIC PAIN

Dear Colleague:

I am very pleased to invite you to attend a CME symposium on best practices in opioid prescribing for chronic pain. Long-term opioid therapy remains controversial. Caution is appropriate given limited data in support of prolonged benefit and the potential for risks related to nonanalgesic effects and drug abuse. Nonetheless, an enormous clinical experience suggests that many with severe persistent pain can be helped if clinicians acquire competencies in patient selection for opioid therapy, optimizing pharmacological outcomes, and risk management. This symposium will address the clinical issues surrounding the initiation and long-term administration of opioid therapy, and the regulatory and legal concerns that must be appreciated to implement opioid therapy in a safe and effective manner.

Cordially,



Russell K. Portenoy, MD
Chairman

ORGANIZING COMMITTEE

Russell K. Portenoy, MD
Marilyn Herleth
Winifred Schein

TARGET AUDIENCE

This course is intended for: pain specialists (anesthesiologists and neurologists), general practitioners, palliative care specialists, nurse practitioners, pharmacists, fellows, residents, and medical students.

LEARNING OBJECTIVES

At the conclusion of this symposium, you will be able to:

- Evaluate the ongoing controversies regarding long-term opioid therapy based on evidence from randomized controlled trials and observational studies, as a backdrop to determining the best treatment for your patients.
- Understand the side-effect profiles of opioid drugs, including the risk of opioid-induced hyperalgesia, to help determine if the benefits of opioid therapy will outweigh possible adverse events in your patients.
- Assess whether long-term opioid therapy is appropriate for a patient, and know the steps to take to optimize outcomes.
- Understand how to identify “at risk” patients and know what actions to take to structure and optimize treatment, and manage aberrant drug-related behavior.
- Understand the current regulatory and legal climate concerning prescription of opioid drugs.

FACULTY

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Founder, Pain Law 4 Patients
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POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled / unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.

PROGRAM

7:15AM **Registration and Breakfast**

8:00 **Welcome and Opening Remarks**
Russell K. Portenoy, MD

SESSION I: BENEFIT AND BURDEN OF LONG-TERM OPIOID THERAPY: STATE OF THE EVIDENCE

8:10 **Efficacy and Effectiveness During Long-Term Opioid Therapy:
Review of the Evidence from Randomized Controlled Trials**
Russell K. Portenoy, MD

8:40 **Efficacy and Effectiveness During Long-Term Opioid Therapy:
Review of Observational Studies**
Ricardo A. Cruciani, MD

9:10 **Clinical Importance of Opioid Adverse Effects: Common Side Effects,
Neuroendocrine Toxicity and the Risk of Opioid-Induced Hyperalgesia**
Charles E. Inturrisi, PhD

9:45 **Q & A**

10:15 **Coffee Break**

SESSION II: CLINICAL APPROACH TO LONG-TERM OPIOID THERAPY

10:45 **How to Decide to Trial Long-Term, Fixed Schedule Administration of an
Opioid Drug, and Optimizing Pharmacological Outcomes**
Russell K. Portenoy, MD

11:30 **Practical Strategies for Risk Management During Long-Term Opioid Therapy:
How to Stratify Risk, Structure Treatment, Monitor Outcomes, and Manage the
Occurrence of Aberrant Drug-Related Behavior**
Steven D. Passik, PhD

12:15PM **Q & A**

12:45 **Lunch and Presentation**
Regulatory and Legal Concerns in Opioid Prescribing
Jennifer Bolen, Esq.

2:30 **Case Discussions**
Moderator: Russell K. Portenoy, MD
Discussants: Steven D. Passik, PhD, and Ricardo A. Cruciani, MD
1) A case of chronic joint pain in an older patient
2) A case of intractable stump pain with intermittent flares following traumatic amputation
3) A case of painful HIV neuropathy in a patient receiving opioid agonist therapy for addiction

3:30 **Closing Remarks**
Russell K. Portenoy, MD

ACCREDITATION STATEMENT

Beth Israel Medical Center and St. Luke's and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Beth Israel Medical Center designates this educational activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

REGISTRATION FORM

EMERGING PRACTICES IN OPIOID PRESCRIBING FOR CHRONIC PAIN Saturday, March 21, 2009

Please register online at www.chpnet.org/cme or use this form to mail or fax.

(Please print clearly)

Name _____ Title _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Specialty _____ Affiliation _____

Email _____

(be sure to include your email address as confirmation/receipt will be sent electronically)

TUITION FEES*

Please place a in the appropriate box.

	<i>Before January 31, 2009</i>	<i>After January 31, 2009</i>
Physicians	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225
Non-Physicians	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125
Fellows/Residents/Other Trainees	<input type="checkbox"/> \$ 75	<input type="checkbox"/> \$100
Beth Israel Employees	<input type="checkbox"/> \$ 75	<input type="checkbox"/> \$100

*Tuition includes continental breakfast, luncheon, one coffee break and a course syllabus.

PAYMENT METHOD

Check payable to **BIMC/CME** is enclosed.

Credit Card # _____ Exp. Date _____

VISA MasterCard AMEX

Signature _____

Payment must accompany registration form.

- Fax: 212-844-1700
- Mail: Beth Israel Medical Center, Office of CME, First Avenue at 16th Street, New York, NY 10003

CANCELLATION POLICY

A refund less a \$50 administrative fee will be issued upon written request. No refunds will be made after February 23rd.

FURTHER INFORMATION ABOUT THE CONFERENCE

Beth Israel Medical Center, Office of CME

Phone: 212.420.4713 • Fax: 212.844.1700

Website: www.chpnet.org/cme • Email: ksgaston@chpnet.org

HOUSING INFORMATION

New York Marriott Marquis, 1535 Broadway at 45th Street, New York, NY 10036 • 1-800-228-9290

A block of rooms has been reserved at the special rate of \$299, single or double, plus applicable taxes, and is available until February 27, 2009 on a space-available basis. After that, rates are subject to availability. When calling, please identify yourself as a participant of the Beth Israel Pain Symposium.

Your attendance at this symposium is guaranteed to be enriched by the cultural and recreational opportunities that only New York City can offer. The hotel is in the heart of the midtown theater district and close to Lincoln Center for the Performing Arts, Carnegie Hall, numerous museums and an unlimited assortment of other entertainment and shopping possibilities. If you would like to learn more about New York's many attractions, contact the New York Convention and Visitors Bureau, 2 Columbus Circle, New York, NY 10019, 212-397-8222, www.nycvisit.com.

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